

Trifectiv Plus Air

Nebulising solution 50 mL (1.69 FL. OZ)

Instructions/package insert

Trifectiv Plus Air is a unique formula used as a nebulising solution with disinfectant and soothing properties for airway application. Trifectiv Plus Air can be used for a variety of conditions as indicated.

The active ingredient is hypochlorous acid (HOCl) 380 mg/L.

Our bodies naturally make HOCl in the white blood cells and use it to fight infection (including biofilm infection), control inflammation and heal wounds. Our medical-grade hypochlorous acid is identical to the body's own immune molecule. Inhalation delivers this molecule to the area where it is needed - your lungs and airways.

Composition

Sterile solution of hypochlorous acid 380 mg/L

Water (Aqua)

Medical device classification

Medical device Class C (ZA)

Sterile solution, antimicrobial

Indications

1. Helps relieve the symptoms of respiratory system conditions.
2. Assists with the prevention and treatment of nasal, sinus, throat, and lung infections (bacterial/viral/fungal).
3. Helps reduce symptoms caused by coughs, allergies (including allergic rhinitis) and other respiratory problems.

Contraindications

Do not use at the same time as cortisone or steroid inhalers.

Warning

If the condition does not improve within 24 – 48 hours, consult with your health care practitioner.

Do not use the solution if it is beyond the expiry date.

Do not mix other chemicals into the product.

Do not dilute the product.

Safety

The product is safe for the entire family including during pregnancy and lactation and for babies and children.

Dosage and frequency

Adults: 5 mL per session

Children: 0.5 mL per year of age per session up to a maximum of 5 mL per session

Prophylaxis: once per day

Active disease or dry cough: 2-3 times per day

Directions for use

Use undiluted with a modern nebuliser where the particle size is $\leq 5\mu\text{m}$ (micron). Follow the usage instructions for your nebuliser and the dosage directions above.

Replace the cap on the bottle after filling the nebuliser. Close the nebuliser tank/reservoir and switch the nebuliser on. Place the facemask over your mouth and nose. Alternatively, put the mouthpiece in your mouth and close your mouth over it. Switch the nebuliser on and breathe deeply through the mouth (and nose alternately if using the facemask).

Cleaning your nebuliser

We recommend running pure distilled water through the nebuliser for a couple of minutes once a week or once a month depending on how often you use the nebuliser.

De-scaling procedure for your nebuliser

We recommend regular descaling if you have been using Trifectiv Plus Air for several weeks. The solution is slightly acidic, and a slight build-up of scale can form.

Add 1 tsp bicarb of soda into half a litre (500 mL) of warm water and mix until the bicarb is dissolved. Fill the reservoir of the nebuliser with this mixture and leave this to stand for 30 mins. Then switch the nebuliser on as normal and run the bicarb mixture through it for 5 minutes. Switch off the nebuliser and empty the tank – rinse it with clean water. Fill with plain clean water and run the nebuliser again for 5 minutes. Empty.

Nebuliser storage

We recommend leaving the reservoir/tank empty with the lid open in between nebulising sessions so that the unit can dry. Trifectiv Plus Air should not be left in the reservoir between sessions, especially if your reservoir is made from clear plastic. The product is very light-sensitive.

Unused Trifectiv Plus Air should NOT be returned to the bottle. Only decant as much as you need each time and use any remaining liquid in the reservoir within 24 hours.

Side effects and special precautions

Slight coughing may occur during the first few breaths. Slight dryness of the throat or sneezing may occur after nebulising. If excessive phlegm production occurs after 2 or 3 days, this could be due to expelled slime that was present in the lungs and is a positive sign.

DO NOT MIX WITH SALINE

The bottle is glass please take care not to drop it.

Known symptoms of overdose

None known.

Identification

Clear, colourless fluid.

Presentation

50 mL (1.69 FL. OZ) solution in a glass bottle with screw cap.

Storage instructions

Store at room temperature.

Protect from direct sunlight.

Keep the cap on the bottle between uses.

Discard any unused product 6 months after opening the container.

Name and address of manufacturer

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Nappi 1018191-001

SAHPRA 733MD

ISO 13485:2016

Medical Device Class C (ZA)

Please visit www.trifectiv.com for more information